



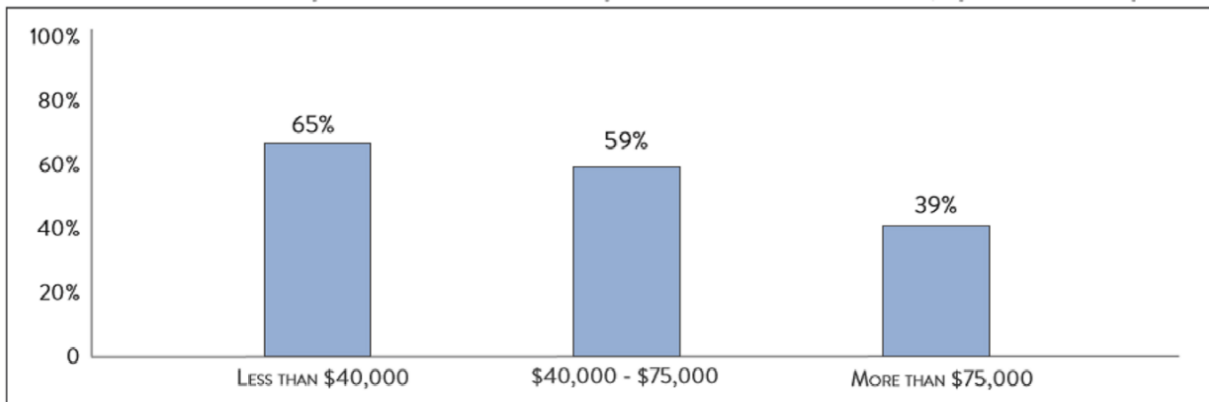
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# Connecticut residents worry about high health care costs

**3 in 4** adults reported being worried or very worried about affording some aspect of health care in the future

**51%** of residents experienced affordability burdens in the past year, with lower income residents struggling the most, as shown below

Percent of Adults with Any Healthcare Affordability Burden in Prior 12 Months, by Income Group



Source: 2020 Poll of Connecticut Adults, Ages 18+, Altarum Healthcare Value Hub's Consumer Healthcare Experience State Survey

**44%** experienced one or more cost barriers to care, including:

- 19% cut pills in half, skipped doses of medicine, or did not fill a prescription
- 24% delayed going to the doctor or having a procedure
- 26% skipped needed dental care

**54%** were worried or very worried about affording COVID-19 treatment if they needed it

**24%** of Connecticut adults struggled to pay medical bills